

A wooden signpost stands in a mountainous landscape under a sunset sky. The signpost has four arrows pointing in different directions, each labeled with a mental health condition. The top arrow is red and points right, labeled 'ANXIETY'. The second arrow is light blue and points left, labeled 'BODY DYSMORPHIA'. The third arrow is red and points right, labeled 'DEPRESSION'. The bottom arrow is light blue and points left, labeled 'EATING DISORDERS'. The background shows rolling hills and mountains in shades of orange, pink, and purple, with a clear blue sky at the top.

**ANXIETY**

**BODY DYSMORPHIA**

**DEPRESSION**

**EATING DISORDERS**